

Developed in partnership with Badminton England



1st4sport Certificate for Coaches in Badminton (Talent) at Level 2

Qualification Specification



About Us

Welcome to 1st4sport, established in 2000, 1st4sport Qualifications are an industry specialist recognised awarding organisation regulated in England by the Office of the Qualifications and Examinations Regulator (Ofqual), in Wales by Qualifications Wales, and in Northern Ireland by the Council for the Curriculum, Examination and Assessment (CCEA) Regulation.

Serving the needs of the sport, physical activity and active leisure industry; our niche status is emphasised through our accomplished people, network of esteemed industry partnerships and our culture of excellence. We have an outstanding reputation; evidenced through the loyalty we receive from our trusted partners, recognised centres and most importantly our learners.

We have a proven track record; offering of valid, value-added, educational solutions and services and outstanding customer care. Our offer includes sector specific qualifications and pathways, and a range of relevant high-performing educational services; underpinned by leading digital solutions. The majority of these are developed and deployed in partnership with governing bodies of sport and other sector specific professional organisations. More than any other awarding organisation, our knowledge of the industry and our continuous cross-sector network enables us to understand the direction of our sector.

Our involvement in shaping our sector has been significant and we continue to be the awarding organisation that partner and representative organisations turn to for guidance on the direction of travel, as appropriate to the needs of our partners, centres, industry employers

Our Mission: To deliver excellent educational solutions and value-added services to sport, physical activity and the active leisure industry.

Our Direction: We aim to support the ongoing professionalisation of our industry; supporting employment, growth, sustainability and success. We embrace performance, participation and health agendas. Our objective is to continue to support our respected partners, providers and learners.

Qualification Specification

Title:	1st4sport Certificate for Coaches in Badminton (Talent) at Level 2
Qualification Overview:	Prepares learners to take responsibility for developing participants in a talent environment.
Qualification Code:	CCBTL2
Qualification Regulation Number:	603/5446/X
Guided Learning Hours (GLH):	33
Total Qualification Time (TQT):	130
Credit Value (if applicable):	Not applicable
Operational Start Date:	01/02/2020
Qualification Review Date:	31/05/2023
Learner Registration Period:	2 years
Qualification Objective:	This qualification qualifies learners to become a badminton coach in a talent development environment.
Qualification Purpose:	Prepare for employment in a specific occupational area.

Who is this qualification for?

The qualification is designed for those who wish to become involved in badminton as an independent coach, and wish to take responsibility for the ongoing development of talented participants.

Qualification Progression

Holders of this qualification are able to progress onto the 1st4sport Level 3 Certificate for Head Coaches Badminton, which is designed to develop in the learner the necessary skills, knowledge and experience to deliver an annual coaching programme to either adults or young people.

The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport and sports development.

This qualification may lead to paid employment or unpaid voluntary roles in coaching Badminton, either working independently or as part of a coaching team in a talent development environment. Other roles that the learner may consider exploring include Activity Leader, Official and Sports Volunteer.

Entry Requirements

Learners must be a minimum of 17 years old at registration and 18 years old at certification.

Pre-requisite(s) or other entry requirements

The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification and any barriers that may disadvantage a learner under the Equality Act 2010 are considered and outcomes recorded during the application process.

Prior to registration learners are required to:

- be accurately identified
- be at least 17 years of age
- be able to undertake this assessment in English or Welsh (if available)

Assessment Methods

The assessment methods used in this qualification are:

- Coursework (in 6 of 6 mandatory units),
- Practical Demonstration/Assignment (in 6 of 6 mandatory units)

Grading Methods

This qualification will be graded Pass / Fail.

Qualification Structure

Learners must successfully complete all mandatory units to achieve this qualification.

Mandatory Units

Unit ID	Unit Title	GLH
R/617/9366	The role of the coach in badminton	11
Y/617/9367	Plan a series of badminton coaching sessions	5
D/617/9368	Deliver a series of badminton coaching sessions	8
H/617/9369	Review a series of badminton coaching sessions	5
D/617/9371	Technical and tactical coaching requirements for badminton	7
K/617/9373	Coaching in a badminton talent environment	8

Optional Units

There are no optional units in this qualification

Pathway Units (where applicable)

There are no pathway units in this qualification

Unit Title	The role of the coach in badminton
Unit Aim	This unit assesses a coach's understanding of their role and responsibilities and the roles of others, ensuring that their coaching is safe and inclusive.
Unique Unit Number	R/617/9366
Unit Assessment Method(s)	- Coursework - Practical Demonstration/Assignment
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

Learning Outcome: 1. understand the role, responsibilities and required practice as a coach within badminton

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
1.1 Describe the role	<ul style="list-style-type: none"> the roles and responsibilities of a coach within an organisation and sector good practice for coaches in the industry through professional ethics, values, and appropriate legislation how to manage and administer the inception and growth of a badminton club and demonstrate the knowledge to retain high levels of participation through suitable engagement 	
1.2 describe the pathways for participants	<p>introducing the youngest players to badminton in a structured way and identify talent and the next steps to aid progression through an in depth understanding of how to develop fundamental skills</p> <ul style="list-style-type: none"> how to interact with players of all ages, parents and community members in a way that enthuses, motivates, and promotes badminton the badminton landscape in England, including club, county structures, Badminton England programmes and products. the competition pathway and be able to explain and pass on this knowledge the talent pathways available to players and how to navigate the badminton landscape 	
1.3 describe the importance of planning own personal development	<ul style="list-style-type: none"> the need to develop themselves, and any coaching team, by maintaining a high level of relevant knowledge through a range of mechanisms and regular professional development advanced personal awareness and a willingness to reflect, grow, and be open-minded as a coach how to analyse his/her coaching practice 	

Learning Outcome: 2. understand how to maximise the participant experience

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
2.1 describe how to engage and develop a range of participants	<ul style="list-style-type: none"> • how to gather information about participants, lifestyle, experience and needs • maximising participant experience through effective use of communication skills, technical knowledge, acting on feedback to enhance participant experience, and player-centred coaching • analysing and providing feedback on participants' performance based on their individual needs • preparing participants for badminton coaching sessions using a variety of activities appropriate to the participants' needs • adapting feeding methods, understand the benefits and considerations of varying methods, and pass this knowledge to players • the factors that motivate participation in badminton and how they impact on our approach and delivery • how to be approachable and reassuring to new participants in badminton 	

Learning Outcome: 3. understand the welfare needs of participants and provide a safe and inclusive coaching environment

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
3.1 describe responsibilities related to welfare needs and duty of care	<ul style="list-style-type: none"> what constitutes acceptable relationships as a coach the guidelines for safeguarding and protecting the following participant groups, adherence to these and maintaining confidentiality: young people and children, including signs and symptoms of abuse adults at risk participants who share protected characteristics how to encourage and reward positive behaviour and to respond to discriminatory behaviour, behaving in a fair, consistent and ethical manner 	
3.2 describe a safe and inclusive coaching environment	<ul style="list-style-type: none"> preparing a safe and inclusive coaching environment preparing a positive, safe, and inclusive learning environment that ensures participant welfare needs are met and behaviour is positively managed preparing a wide range of audiences through suitable warm up and cool down ideas and activities to maximise enjoyment and learning 	
3.3 describe the responsibilities related to rules and regulations	<ul style="list-style-type: none"> the overarching legal and sport-specific responsibilities badminton's organisational procedures, responsibilities and liabilities the rules and regulations of sport to enable the delivery of sessions recognise good practice for coaches through professional ethics and values 	

Learning Outcome: 4. understand how to work in a coaching team

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
4.1 describe the role and responsibilities within a coaching team	<ul style="list-style-type: none"> developing strategies to effectively manage and deploy assistant coaches within sessions and programmes supervising a coaching team to provide safe, engaging sessions aligned to the objectives of the organisation and/or programme effectively managing multi-court situations and suitably deploy assistant coaches to ensure participants receive high quality coaching sessions the need to develop themselves and the coaching team through CPD 	

Unit Title	Plan a series of badminton coaching sessions
Unit Aim	This unit assesses a coach's ability to deliver a series of badminton coaching sessions to meet the needs of participants. The series of coaching sessions delivered will be linked and progressive in nature in order to develop participants' performance within the badminton environment.
Unique Unit Number	Y/617/9367
Unit Assessment Method(s)	<ul style="list-style-type: none"> Coursework Practical Demonstration/Assignment
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

Learning Outcome: 1. be able to plan a series of badminton coaching sessions.

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
1.1 plan a series of linked and progressive sessions.	<ul style="list-style-type: none"> plan inclusive, safe, and effective coaching sessions tailored to the needs of the participants within the scope of practice plan effective coaching programmes tailored to the needs of the participants. plan a range of Badminton England products to support the growth of Badminton across a range of target markets. plan future sessions accordingly based on reviewing the effectiveness of a series of badminton coaching sessions in the context of participants' needs 	

Unit Title	Deliver a series of badminton coaching sessions
Unit Aim	This unit assesses a coach's ability to deliver a series of badminton coaching sessions to meet the needs of participants. The series of coaching sessions delivered will be linked and progressive in nature in order to develop participants' performance within the badminton environment.
Unique Unit Number	D/617/9368
Unit Assessment Method(s)	<ul style="list-style-type: none"> - Coursework - Practical Demonstration/Assignment
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

Learning Outcome: 1. be able to deliver a series of badminton coaching sessions.

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
1.1 establish a safe coaching environment	<ul style="list-style-type: none"> conduct a risk assessment, minimising any identified risks organise the setting up of equipment required for the session 	
1.2 prepare participants for coaching sessions	<ul style="list-style-type: none"> prepare inclusive, safe, and effective coaching sessions tailored to the needs of the participants within the scope of practice provide participants the aims and objectives of sessions, agreeing these with participants understand physical preparation and how to deliver warm-up activities to maximise enjoyment and learning be approachable and reassuring to new participants in badminton 	
1.3 deliver a series of coaching sessions in line with guidelines	<ul style="list-style-type: none"> deliver inclusive, safe, and effective coaching sessions tailored to the needs of the participants within the scope of practice deliver, continuously evaluate, and review effective coaching programmes tailored to the needs of the participants deliver a range of Badminton England Products to support the growth of Badminton across a range of target markets 	
1.4 analyse participants' performance and provide feedback	<ul style="list-style-type: none"> understand the principles of analysing participants' performance observe participants, analyse performance and provide constructive feedback communicate effectively with participants and show listening skills support participant (s) in taking responsibility for their own learning act on feedback to enhance participant experience and player centred coaching 	

Unit Title	Review a series of badminton coaching sessions
Unit Aim	This unit assesses a coach's ability to review a series of badminton coaching sessions that meet the needs of participants. The series of badminton coaching sessions reviewed will be linked and progressive in nature in order to develop participants' performance within badminton.
Unique Unit Number	H/617/9369
Unit Assessment Method(s)	<ul style="list-style-type: none"> - Coursework - Practical Demonstration/Assignment
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

Learning Outcome: 1. be able to review a series of badminton coaching sessions

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
1.1 review participants' performance	<ul style="list-style-type: none"> • measure participant development • use a variety of evaluation methods that can be used to monitor participant(s) development • analyse and provide feedback on participants performance based on individual need 	
1.2 analyse own coaching practice	<ul style="list-style-type: none"> • understand the principles of self-reflection • utilise feedback from others • identify personal development needs • gain valid feedback on own performance from participants and others • take responsibility for own development • access continuing personal development (CPD) and develop a personal action plan and mentoring opportunities • participate in continual review • identify career progressions in the sport and the role of others 	
1.3 apply the review of coaching sessions to future planning	<ul style="list-style-type: none"> • review and evaluate the session, using the views of participants and others, and using it to impact on future sessions • agree the outcomes of the review with participants and others, advise them on their development needs and adapt future sessions to reflect needs 	
1.4 review the effectiveness of the series of coaching sessions	<ul style="list-style-type: none"> • continually evaluating, reflecting and review coaching sessions ability to be inclusive, safe, and effective • continuously evaluating, reflecting and reviewing the effectiveness of coaching programmes ability to meet the needs of the participants 	

Unit Title	Technical and tactical coaching requirements for badminton
Unit Aim	This unit aims to develop the coach's knowledge of the technical and tactical coaching requirements for badminton to meet the needs of the participant.
Unique Unit Number	D/617/9371
Unit Assessment Method(s)	- Coursework - Practical Demonstration/Assignment
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

Learning Outcome: 1. know the biomechanical principles of hitting technique

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
1.1 demonstrate understanding of advanced use of grips	<ul style="list-style-type: none"> the need to change the importance of grip length, wrist and finger power within different hitting techniques on the forehand and backhand sides above and below the hand and in relation to the body 	
1.2 demonstrate understanding of key technical and tactical coaching points of serves	<ul style="list-style-type: none"> low flick high 	
1.3 demonstrate understanding of key technical and tactical coaching points of strokes and stroke-cycle	<ul style="list-style-type: none"> rearcourt midcourt forecourt straight and cross-court variations 	
1.4 demonstrate understanding of appropriate feeding methods on the aims and nature of the practice	<ul style="list-style-type: none"> racket-feeding hand-feeding multi-feeding 	

Learning Outcome: 2. know the biomechanical principles of movement

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
2.1 demonstrate understanding of the movement cycle	<ul style="list-style-type: none"> • start • prepare • hit • recover • in isolation and combination 	
2.2 demonstrate understanding of methods of movement associated with recovery from hitting	<ul style="list-style-type: none"> • forehand forecourt • backhand forecourt • forehand midcourt • backhand midcourt • forehand rear court • backhand rear court 	
2.3 demonstrate understanding of the four units of the movement cycle	<ul style="list-style-type: none"> • start/(directional) split-step • approach • hit • recover 	

Unit Title	Coaching in a badminton talent environment
Unit Aim	This unit aims to develop coach's ability to specialise in coaching within a talent environment for badminton.
Unique Unit Number	K/617/9373
Unit Assessment Method(s)	<ul style="list-style-type: none"> - Coursework - Practical Demonstration/Assignment
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

Learning Outcome: 1. be able to specialise in coaching for a talent environment.

Assessment Criteria The learner can:	Mandatory Delivery Content The learner will develop an understanding of:	Evidence Requirements The learner is required to complete:
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1.1 describe the role of the coach in a talent environment	<ul style="list-style-type: none"> • the significance of hydration and nutrition for performance badminton players • the anatomy, physiology and kinesiology to performance badminton players • the mental processes required to cope with stresses in badminton and demonstrate coaching techniques to develop situational psychological responses in training and competition • substance misuse in sport and badminton 	
1.2 describe how to adapt coaching to a talent environment	<ul style="list-style-type: none"> • progressive sessions appropriate for junior and senior performance players • technically and tactically correct explanations and demonstrations for performance players • applying key singles and doubles tactics appropriate for junior and senior performance players, develop sets of progressive tactical practices to facilitate discipline specific hitting and movement skills, and effectively communicate with players tactically • designing and coaching a variety of progressive tactical practices to overcome common tactical faults in junior performance badminton up to and including junior national level in all five disciplines • performing match analyses and developing strategies to be implemented before and during matches 	

<p>1.3 apply technical and tactical knowledge in a talent environment</p>	<ul style="list-style-type: none"> • how to develop detailed technical and tactical aspects of the sport • identifying and explaining the connection between choice of movement patterns/stroke cycle linkage and tactical situations • demonstrating an awareness of advanced hitting techniques including; i) slice in the RC ii) spin in the FC iii) deception in the RC and FC • demonstrating and explaining key differences in hitting skills related to singles/doubles • demonstrating, explaining and coaching doubles specific movement skills and hitting skills, such as pushes/taps on return of serve and doubles net shots • demonstrating and explaining key similarities and differences in movement skills between singles and doubles • demonstrating and explaining variations of discipline specific hitting skills, to include i) the use of attacking and defensive clears in singles ii) variations of pace in singles attacking strokes and doubles specific defensive strokes and strategies 	
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Qualification Conditions: Delivery and assessment requirements

To complete the delivery, assessment, and internal quality assurance of the qualification, providers will be required to adhere to the guidance set out in the Recognised Centre Handbook.

Qualification Approval Conditions: Workforce requirements

In addition to the workforce requirements stated in the Recognised Centre Handbook, the following qualification specific requirements must be met and evidenced.

Tutor(s):

For this qualification, the minimum requirements stated in the centre handbook apply in addition to any further qualification specific requirements stated below

- hold a UKCC Level 2 coaching badminton qualification or equivalent
- be an accredited tutor approved by the National Source Group for Badminton
- attend appropriate qualification-specific induction training

Assessor(s):

For this qualification, the minimum requirements stated in the centre handbook apply in addition to any further qualification specific requirements stated below

- hold a UKCC Level 2 coaching badminton qualification or equivalent
- be an accredited assessor approved by the National Source Group for Badminton

Internal Verifier(s) and Quality Assurer(s):

For this qualification, the minimum requirements stated in the centre handbook apply in addition to any further qualification specific requirements stated below

- hold a UKCC Level 3 coaching badminton qualification or equivalent
- be an accredited internal verifier approved by the National Source Group for Badminton

Additional Qualification Requirements

The minimum venue, facility and requirements stated in the centre handbook apply. In addition further qualification specific requirements are:

- A badminton court to learner ratio of 1:6
- Safe and well maintained posts and nets for each court being utilised (one court per maximum of six learners).

This qualification is regulated by Ofqual (603/5446/X).

UK Coaching
2 City Walk
Leeds
LS11 9AR

T: 0113 274 4802
E: centreservices@1st4sportqualifications.com

www.1st4sport.com