

1st4sport Level 1 Diploma in Work Based Horse Care and Riding

Qualification Specification



About Us

Welcome to 1st4sport, established in 2000, 1st4sport are an industry specialist recognised awarding organisation regulated in England by the Office of the Qualifications and Examinations Regulator (Ofqual), in Wales by Qualifications Wales, and in Northern Ireland by the Council for the Curriculum, Examination and Assessment (CCEA) Regulation.

Serving the needs of the sport, physical activity and active leisure industry; our niche status is emphasised through our accomplished people, network of esteemed industry partnerships and our culture of excellence. We have an outstanding reputation; evidenced through the loyalty we receive from our trusted partners, recognised centres and most importantly our learners.

We have a proven track record; offering of valid, value-added, educational solutions and services and outstanding customer care. Our offer includes sector specific qualifications and pathways, and a range of relevant high-performing educational services; underpinned by leading digital solutions. The majority of these are developed and deployed in partnership with governing bodies of sport and other sector specific professional organisations. More than any other awarding organisation, our knowledge of the industry and our continuous cross-sector network enables us to understand the direction of our sector.

Our involvement in shaping our sector has been significant and we continue to be the awarding organisation that partner and representative organisations turn to for guidance on the direction of travel, as appropriate to the needs of our partners, centres, industry employers and learners.

Our Mission: To deliver excellent educational solutions and value-added services to sport, physical activity and the active leisure industry.

Our Direction: We aim to support the ongoing professionalisation of our industry; supporting employment, growth, sustainability and success. We embrace performance, participation and health agendas. Our objective is to continue to support our respected partners, providers and learners.

Qualification Specification

Title:	1st4sport Level 1 Diploma in Work Based Horse Care and Riding
Qualification Overview:	Gives learners the knowledge, confidence, and skills to care for and ride horses under supervision and carry out general stable management routines.
Qualification Code:	24QHCRDip1
Qualification Regulation Number:	610/4459/3
Guided Learning Hours (GLH):	497
Total Qualification Time (TQT):	638
Credit Value (if applicable):	Not applicable
Operational Start Date:	01/09/2024
Qualification Review Date:	31/08/2028
Learner Registration Period:	2 years
Qualification Objective:	This qualification qualifies learners to care for, ride horses and carry out general stable management routines under supervision.
Qualification Purpose:	Develop knowledge and/or skills in a subject area.

Who is this qualification for?

This qualification is designed for individuals who wish to work with horses by providing them with the skills and knowledge required to care for and ride horses under supervision, and to carry out general stable management routines. Learners must have access to a working yard and horses/ponies to be able to develop their skills under the direction of experienced yard staff.

Qualification Progression

The learner will also be able to progress onto the 1st4sport Level 2 Diploma in Work Based Horse Care, the 1st4sport Level 2 Award in Transporting Horses or the 1st4sport Level 1 Award in Equestrian Coaching.

Achievement of this qualification will help learners progress to the following job roles:

- Stable Staff
- Yard worker

Entry Requirements

Learners must be a minimum of 14 years old at registration and 14 years old at certification.

Pre-requisite(s) or other entry requirements

The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification and any barriers that may disadvantage a learner under the Equality Act 2010 are considered and outcomes recorded during the application process.

Prior to registration learners are required to:

- be accurately identified
- be at least 14 years of age
- be able to undertake this assessment in English or Welsh (if available)

Assessment Methods

The assessment methods used in this qualification are:

- Portfolio of Evidence (in 11 of 12 mandatory units),
- Practical Demonstration/Assignment (in 1 of 12 mandatory units)

Reasonable adjustments can be applied to these assessments in line with 1st4sport Policy Statement: Access Arrangements.

Grading Methods

This qualification will be graded Pass / Fail.

Qualification Structure

Learners must successfully complete all mandatory units to achieve this qualification.

Mandatory Units

Unit ID	Unit Title	GLH
K/651/2378	Putting on and taking off horse rugs under direction	38
L/651/2379	Leading and controlling a horse for inspection under direction	43
T/651/2380	Maintaining good working relations with others	26
Y/651/2381	Maintaining health and safety in the workplace	54
A/651/2382	Feeding and watering horses under direction	39
D/651/2383	Cleaning the stables and yard under direction	55
F/651/2384	Grooming horses under direction	43
H/651/2385	Understanding horse behaviour and methods of identification	26
J/651/2386	Putting on, taking off and maintaining tack under direction.	55
K/651/2387	Catch and move horses under direction	43
L/651/2388	Mounting and dismounting quiet horses under direction	59
M/651/2389	Riding quiet horses in an enclosed area under direction	122

Optional Units

There are no optional units in this qualification

Pathway Units (where applicable)

There are no pathway units in this qualification

Unit Title	Putting on and taking off horse rugs under direction
Unit Aim	This unit is about having the knowledge, understanding and practical skills to assist with putting on and taking off horse rugs. Although working under supervision, learners will be able to work safely and understand safe working practices.
Unique Unit Number	K/651/2378
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know how to put on and take off horse rugs	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe how to apply and remove horse rugs	How to apply and removed horse rugs
1.2 Give the reasons for ensuring the rugs are applied correctly	How to apply rugs correctly
1.3 Identify the potential hazards when using rugs with leg straps	The potential hazards that could occur when using rugs with leg straps
1.4 Outline the procedure to follow if rugs slip	The procedure to follow if a rug slips, including any specific health, welfare, and safety considerations
1.5 State how to fold and store rugs	How to fold and store rugs effectively
1.6 Identify problems that may occur when working with rugs and to whom they should be reported	Examples of problems that may occur when working with rugs and who to report problems which may occur to within the learners setting
1.7 State safety precautions to be taken whilst putting on and taking off horse rugs	What safety precautions to take when putting on and taking off horse rugs

Learning Outcome: 2. Be able to assist with putting on and taking off horse rugs

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate how to put on rugs according to instructions	How to put on indoor and outdoor rugs
2.2 Show how to adjust rugs under supervision	How to adjust rugs
2.3 Demonstrate how to fold and store rugs according to instructions	How to fold and store rugs
2.4 Show how to report any problems and potential hazards to the appropriate person	How to report potential hazards to the appropriate person
2.5 Demonstrate maintaining the health, welfare, safety and security of horse, self and others whilst putting on and taking off horse rugs	Maintaining the health, welfare, safety and security of horse, self and others whilst putting on and taking off horse rugs the work

Unit Title	Leading and controlling a horse for inspection under direction
Unit Aim	This unit is about having the knowledge, understanding and the practical skills to stand up, lead and control a horse under direction. The learner will be able to select and put on suitable tack and equipment. Although working under direction the learner will be able to work safely and understand safe working practices.
Unique Unit Number	L/651/2379
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know the principles of leading and controlling a quiet horse for inspection

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe the methods for controlling the horse	The different methods of controlling horses and reasons for selecting each method
1.2 Identify when it is necessary to control horses and describe the potential dangers involved	When it is necessary to control horses and the potential dangers
1.3 Describe the types and use of tack and equipment that will be required for the activity	The types and use of tack and equipment including bridle and headcollars
1.4 Describe the reasons for safety procedures and identify protective clothing	Reasons for safety procedures and protective clothing
1.5 Identify precautions to be taken when controlling horses	The precautions to be taken when controlling horses
1.6 Identify the types of inspection and healthcare procedure	The different types of inspection and healthcare procedures including but not limited to veterinary surgeon and farrier
1.7 Outline the current health and safety legislation and codes of practices	The current health and safety legislation

Learning Outcome: 2. Be able to lead and control a horse for inspection

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Select appropriate equipment for leading and controlling a horse	Appropriate equipment to be used for leading and controlling a horse for inspection
2.2 Use the appropriate protective clothing	Wearing appropriate protective clothing for the activity and ensuring the clothing fits correctly. Check the clothing for damage and any issues that may impact on the effectiveness of it.
2.3 Demonstrate how to lead and control the horse in accordance with instructions	How to lead and control the horse according to instructions
2.4 Demonstrate how to prepare, maintain, and store equipment in a safe and effective working condition	How to prepare, maintain, and store equipment
2.5 Work in a way which maintains health and safety and security of horse, self, and others	Know health and safety procedures when working with horses

Unit Title	Maintaining good working relations with others
Unit Aim	This unit is about establishing and maintaining good working relations with others. This includes working with colleagues as well as visitors to the workplace.
Unique Unit Number	T/651/2380
Unit Assessment Method(s)	Practical Demonstration/Assignment
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Be able to maintain good working relations with others	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Communicate effectively with others	Communicate in appropriate and effective ways with others during horse care activities
1.2 Demonstrate appropriate behaviours when dealing with others	Greet and assist visitors courteously and providing clear instructions
1.3 Contribute to a review of their progress	Take part in reviews of their progress with the appropriate person and at suitable intervals throughout their horse care learning and development
1.4 Clarify expectations and methodology for tasks assigned to them	To include seeking advice and clarification if there are aspects of their work which are unclear

Unit Title	Maintaining health and safety in the workplace
Unit Aim	This unit is about having the knowledge, understanding and practical skills in relation to health and safety in the workplace. This includes how to recognise and report hazards, comply with legislation and codes of practice, use equipment safely, report accidents, wear the correct clothing for the job, use safe lifting techniques and dispose of waste.
Unique Unit Number	Y/651/2381
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know the principles of maintaining health and safety in the workplace	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe fire and accident procedures	Fire and accident procedures
1.2 Describe safe lifting and handling techniques	Safe lifting and handling techniques
1.3 Describe methods of minimising the contamination of edible materials when moving them around the work area	Methods of minimising the contamination of edible materials when moving them around the work area
1.4 Describe methods of stacking materials safely	Methods of stacking materials safely

Learning Outcome: 2. Know relevant health and safety legislation and environmental good practice

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Outline the current health and legislation and codes of practice	The current health and legislation and codes of practice
2.2 Describe how environmental damage can be minimised	How environmental damage can be minimised
2.3 Describe the correct methods for disposing of waste	The correct methods for disposing of waste

Learning Outcome: 3. Be able to work safely and minimise environmental damage

Assessment Criteria The learner can:	Indicative Delivery Content
3.1 Demonstrate how to work in a way which maintains health, safety, and security	Demonstrate how to work in a way which maintains health, safety and security of horse, self, and others during work; consistent with relevant legislation and codes of practice
3.2 Carry out work in a manner which minimises environmental damage	Carry out work in a manner which minimises environmental damage
3.3 Show how to dispose of waste safely and correctly	How to dispose of waste safely and correctly

Learning Outcome: 4. Be able to maintain health and safety in the workplace

Assessment Criteria The learner can:	Indicative Delivery Content
4.1 Identify hazards and report them to the appropriate person	The hazards relevant to the learner's venue, how to report them and who to report them to
4.2 Demonstrate how to keep the work area tidy at all times	How to keep their own workspace tidy at all times
4.3 Demonstrate how to report accidents	Report accidents promptly and in accordance with legal and organisational policy
4.4 Use clothing which is consistent with health and safety practice	Wear clothing which is consistent with health and safety practice
4.5 Use safe techniques for lifting or moving heavy and awkward items	Know how to lift and move heavy and awkward items

Learning Outcome: 5. Be able to select, use and maintain relevant equipment

Assessment Criteria The learner can:	Indicative Delivery Content
5.1 Identify appropriate equipment for the area of work	Select equipment that is appropriate for the work that is being carried out taking into consideration external factors such as weather, facilities, and the horse
5.2 Use equipment appropriately	All relevant legislation that will impact the use of the equipment and how to follow user instructions.
5.3 Demonstrate how to prepare, maintain, and store equipment in a safe and effective working condition	Prepare, maintain, and store relevant equipment in a safe and effective working condition

Unit Title	Feeding and watering horses under direction
Unit Aim	This unit is about having the knowledge, understanding and practical skills to assist with feeding and watering horses. Although working under supervision the learner will be able to work safely and understand safe working practices.
Unique Unit Number	A/651/2382
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know how to provide feed and water to horses	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe methods of feeding and watering horses throughout the year	The methods of feeding and watering horses throughout the year
1.2 State the normal feeding habits of horses and why it is important to report any changes	The normal feeding habits of horses and how to recognise changes
1.3 List the types of changes in horses' feeding habits which may occur	The changes which may occur in a horses feeding habits
1.4 State how feeding and watering equipment should be cleaned, maintained, and stored	How feeding and watering equipment should be stored and maintained.
1.5 State the hygiene requirements of horses, self, and others	Know the hygiene requirements of horses, self, and others
1.6 Describe changes in horses' behaviour at feeding time and safety awareness	Know the changes in horses' behaviour
1.7 Describe how waste should be disposed of	Know how to dispose of waste

Learning Outcome: 2. Be able to assist with providing feed and water for horses

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate how to feed horses according to instructions	Feeding horses according to instructions including forage and concentrates
2.2 Demonstrate how to supply horses with water using the correct sources, system, and quantities	Supplying horses with water using the correct sources, system, and quantities
2.3 Communicate changes in the feeding and drinking habits of horse to the appropriate person	How to report changes in feeding and drinking habits
2.4 Demonstrate how to clean and replace equipment, ensuring it is ready for use	How to clean and replace equipment, ensuring it is ready for use
2.5 Demonstrate how to dispose of waste from feeding safely and correctly	Disposing of waste from feeding safely and correctly
2.6 Correctly identify and report any hazards to the appropriate person	Reporting of hazards to the appropriate person

Unit Title	Cleaning the stables and yard under direction
Unit Aim	This unit is about having the knowledge, understanding and practical skill to clean stables and yard, including mucking out and bedding down.
Unique Unit Number	D/651/2383
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know how to clean stables and yard

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 State the horses' basic welfare requirements and how to maintain their health and wellbeing	Basic welfare requirements and how to maintain their health and wellbeing
1.2 List types of bedding used in stables to maintain horses' health and well-being	A minimum of three different types of bedding used and the reasons for use
1.3 Describe how to handle horses and tie horses up safely and securely	How to handle horses and tie horses up safely and securely
1.4 Describe the types of equipment used when cleaning stables and describe how to use and store them correctly	The types of equipment used when cleaning stables and how to use and store them correctly
1.5 Outline reasons for personal hygiene as it applies to working on the yard	Personal hygiene as it applies to working on the yard
1.6 Describe reporting procedures and to whom faults and defects should be reported	Reporting procedures and to whom faults and defects should be reported
1.7 List types of hazards that may be present in stables and yard and state how these should be removed or controlled	Types of hazards that may be present in stables and yard and how these should be removed or controlled
1.8 Outline health and safety implications associated with drains and muck heaps and how to dispose of waste safely and correctly	Health and safety implications associated with drains and muck heaps and how to dispose of waste safely and correctly
1.9 Describe the procedures in icy and adverse weather conditions	Procedures in icy and adverse weather conditions

Learning Outcome: 2. Be able to assist with cleaning stables

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate how to tie the horse up safely and securely	Tying the horse up safely and securely
2.2 Demonstrate how to clean stables	How to clean stables to including skip out and full muck out
2.3 Carry out disposal of waste according to instructions	Disposal of waste according to instructions
2.4 Show how to select bedding and bed down according to instructions	How to select bedding and bed down according to instructions
2.5 Show how to replace water and food containers when cleaning is complete	Replacing water and food containers when cleaning is complete
2.6 Demonstrate how to replace equipment according to instructions	Replacing equipment according to instructions
2.7 Show how to keep the yard clean and maintain the muck area in accordance with instructions	How to keep the yard clean and maintain the muck area in accordance with instructions
2.8 Perform a clean of surface drains to ensure the free flow of excess water	Cleaning surface drains to ensure the free flow of excess water
2.9 Show how to report faults and defects	Reporting faults and defects immediately to the appropriate person

Unit Title	Grooming horses under direction
Unit Aim	This unit is about knowledge, understanding and practical skills for grooming and sponging horses off prior to and after exercise, under direction. Although working under direction the learner will be able to work safely and understand safe working practices.
Unique Unit Number	F/651/2384
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know how to groom horses	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Identify the items of the grooming kit.	The items of the grooming kit.
1.2 Describe the different types of grooming techniques and when to use them.	Different types of grooming techniques and when to use them.
1.3 Describe different grooming requirements of stabled and grass kept horses	Different grooming requirements of stabled and grass kept horses
1.4 Outline changes in the condition of horses shoes that must be reported	Changes in the condition of the shoes that must be reported.
1.5 Explain the dangers of a dusty environment.	The dangers of a dusty environment.
1.6 Explain the dangers of wearing perfume and jewellery.	The dangers of wearing perfume and jewellery.
1.7 Describe the methods of maintaining the range of equipment in a fit state for use.	Methods of maintaining the range of equipment in a fit state for use.

Learning Outcome: 2. Be able to groom horses

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate selecting and using grooming equipment according to instruction	Selecting and use of grooming equipment according to instruction
2.2 Demonstrate how to groom the horse ready for exercise	Grooming the horse ready for exercise
2.3 Demonstrate how to groom the horse after exercise	Grooming the horse after exercise
2.4 Demonstrate how to sponge the horse down in accordance with instructions	Sponging the horse down in accordance with instructions
2.5 Identify changes in the condition of horses shoes that must be reported	Reporting concerns regarding changes in the condition of the shoes and to the appropriate person
2.6 Identify and report hazards to the appropriate person	Identifying and report hazards to the appropriate person
2.7 Demonstrate how to prepare, maintain, and store grooming or other appropriate equipment correctly	How to prepare, maintain, and store grooming or other appropriate equipment correctly

Unit Title	Understanding horse behaviour and methods of identification
Unit Aim	This unit is about having the knowledge, understanding and practical skills to assist with identification of horses including their common behaviours and the importance of passports and microchips. The learner will be able to identify common colours and markings.
Unique Unit Number	H/651/2385
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know how to recognise individual horses and why that is important

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe methods of horse identification	A minimum of three methods to be included
1.2 Summarise basic colours of horses	A minimum of the five basic colours of horses
1.3 Describe the different face or leg markings on a horse	A minimum of five leg and/or face markings
1.4 Give reasons why it is important to be able to recognise individual horses	The importance of and reason for being able to recognise
1.5 Explain equine passports and microchips	What is a horse passport and microchip and purpose of these

Learning Outcome: 2. Be able to recognise colours, markings and other means of identification of the horse

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Recognise common colours of the horse	Recognising a minimum of the five common colours of horses
2.2 Recognise common markings of the horse	Recognising a minimum of five common markings on horses
2.3 recognise age, sex, height of the horse	Recognising age, sex, height of the horse of horses and key indicators to support this
2.4 Identify an equine passport	Equine passport identification and the key information within the passport

Learning Outcome: 3. Understand basic horse behaviour

Assessment Criteria The learner can:	Indicative Delivery Content
3.1 Identify the behaviours of a relaxed horse	A minimum of three ways to identify a relaxed horse
3.2 Identify the behaviours of an anxious horse	A minimum of three ways to identify an anxious horse
3.3 Describe how the horse's natural instincts affect its behaviour	How the horse's natural instincts affect its behaviour
3.4 Outline appropriate equine groom behaviours when handling horses	Considering the positioning, consideration of health, safety, and welfare, handling, of self and horse, and communication with both horse and those around

Unit Title	Putting on, taking off and maintaining tack under direction.
Unit Aim	This unit is about having the knowledge, understanding and practical skills to assist with putting on and taking off tack and exercise boots. Although working under supervision the learner will be able to work safely and understand safe working practices
Unique Unit Number	J/651/2386
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know how to put on and take off tack

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Identify the parts of the bridle and basic parts of the saddle	Parts of the bridle and basic parts of the saddle
1.2 Describe how to tack up and un-tack horses	How to tack up and un-tack horses
1.3 Describe how to secure the horse when it needs to be left when tacked up	How to secure the horse when it needs to be left when tacked up
1.4 State why it is important for tack to fit the horse correctly.	How to fit horse tack correctly and the consequences of incorrectly fitting tack
1.5 State the types of difficulties which may occur	The types of difficulties which may occur and to whom these should be reported to
1.6 Describe how and where to store tack	How and where to store tack
1.7 Explain safety precautions to be taken while tacking up	Safety precautions to be taken while tacking up

Learning Outcome: 2. Be able to assist with putting on and taking off tack

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate how to tack up	How to tack up horses
2.2 Demonstrate how to secure the horse when it needs to be left when tacked up	How to secure the horse when it needs to be left when tacked up
2.3 Identify when tack fittings are likely to cause the horse discomfort or be unsafe	Recognise when the tack is likely to cause the horse discomfort or be unsafe and to whom these should be reported to
2.4 Demonstrate how to un-tack horses	How to un-tack horses
2.5 Show how to return tack to storage area	How to return tack to storage area and store it correctly
2.6 Show how to work safely while tacking up and untacking	How to work safely while tacking up and untacking

Unit Title	Catch and move horses under direction
Unit Aim	This unit is about the routine catching and moving of horses, including turning out and catching up from paddocks. Although working under direction the learner will be able to work safely and understand safe working practices.
Unique Unit Number	K/651/2387
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know the principles of catching and moving horses under direction

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe the correct method of handling horses	The correct method of handling horses
1.2 State the importance of approaching horses in a calm, safe manner	The importance of approaching horses in a calm, safe manner
1.3 Identify how to move horses safely and correctly	How to move horses safely and correctly
1.4 Summarise how to establish horses in the new location	How to establish horses in the new location
1.5 Describe how to check that the area is safe and secure	How to check that the area is safe and secure
1.6 State the equipment that will be required for the activity	The equipment that will be required for the activity
1.7 Describe the methods of maintaining the range of equipment in a fit state for use	The methods of maintaining the range of equipment in a fit state for use

Learning Outcome: 2. Be able to catch and move horses

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate how to select appropriate equipment	Selecting the appropriate equipment to support catching and moving horses
2.2 Show how to check the enclosure for safety and security of the horses and report to the appropriate person	How to check the enclosure for safety and security of the horses and report to the appropriate person
2.3 Show how to approach and catch the horses in a manner which minimises risk	How to approach and catch the horse in a manner which minimises risk
2.4 Show how to move horses to the required enclosure	How to move horses to the required enclosure
2.5 Demonstrate how remove horses carefully from the enclosure using an appropriate method	How to identify horses to be moved and remove carefully from the enclosure using an appropriate method
2.6 Demonstrate how to prepare, maintain, and store equipment in a safe and effective working condition	How to prepare, maintain, and store equipment in a safe and effective working condition

Unit Title	Mounting and dismounting quiet horses under direction
Unit Aim	This unit is about the knowledge, understanding and basic skill of mounting and dismounting a horse, checking girths and stirrups, and preparing for riding the horse. Although working under supervision the learner will be able to work safely and understand safe working practices
Unique Unit Number	L/651/2388
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know why it is important to be able to mount and dismount quiet horses

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 State safety considerations when mounting and dismounting	Safety considerations when mounting and dismounting
1.2 State how to recognise discomfort in horses associated with mounting and dismounting	How to recognise discomfort in horses associated with mounting and dismounting
1.3 Describe the necessary preparations for mounting	The necessary preparations for mounting

Learning Outcome: 2. Be able to mount and dismount quiet horses under supervision

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Demonstrate how to identify, select, and fit personal protective equipment according to instructions prior to mounting a horse	How to identify, select, and fit personal protective equipment according to instructions prior to mounting a horse
2.2 Show how to identify and lead the horse to the required area calmly and safely	How to identify and lead the horse to the required area calmly and safely
2.3 Carry out the appropriate safety checks on tack and equipment	How to carry out the appropriate safety checks on tack and equipment
2.4 Demonstrate mounting the horse under supervision	Mounting under supervision, according to instructions and without causing discomfort to the horse
2.5 Demonstrate dismounting the horse under supervision	Dismounting under supervision, according to instructions and without causing discomfort to the horse

Unit Title	Riding quiet horses in an enclosed area under direction
Unit Aim	This unit is about the knowledge, understanding and basic skill of riding a quiet horse in walk trot and canter in an enclosed area under supervision. Although working under direction the learner will be able to work safely and understand safe working practices.
Unique Unit Number	M/651/2389
Unit Assessment Method(s)	Portfolio of Evidence
Assessment Specification	Learners are expected to demonstrate working in a way which maintains health, welfare, and safety and security of horse, self, and others throughout all activities within the unit

Learning Outcome: 1. Know why it is important to be able to ride quiet horses in an enclosed area

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 State why it is important to adjust girths and stirrups	The importance of adjusting girths and stirrups
1.2 State reasons for adopting a suitable riding position	Reasons for adopting a suitable riding position
1.3 Describe the basic principles of controlling a horse	The basic principles of controlling a horse
1.4 Describe hazards likely to be encountered when riding in an enclosed area and how these must be minimised	Hazards likely to be encountered when riding in an enclosed area and how these must be minimised
1.5 Outline the current health and safety legislation and codes of practice	The current health and safety legislation and codes of practice

Learning Outcome: 2. Be able to ride quiet horses in an enclosed area

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Show how to adjust girths and stirrups	How to adjust girths and stirrups
2.2 Demonstrate adopting a suitable riding position	Adopting a suitable riding position
2.3 Demonstrate the basic aids of controlling a horse	The basic aids of controlling a horse
2.4 Describe hazards likely to be encountered when riding in an enclosed area and how these must be minimised	Hazards likely to be encountered when riding in an enclosed area and how these must be minimised
2.5 Demonstrate how to follow current health and safety legislation and codes of practice	How to follow current health and safety legislation and codes of practice

Qualification Conditions: Delivery and assessment requirements

To complete the delivery, assessment, and internal quality assurance of the qualification, providers will be required to adhere to the guidance set out in the Recognised Centre Handbook.

Qualification Approval Conditions: Workforce requirements

In addition to the workforce requirements stated in the Recognised Centre Handbook, the following qualification specific requirements must be met and evidenced.

Tutor(s):

For this qualification, the minimum requirements stated in the centre handbook do not apply. The tutor must have experience of working in a tutoring role within the horse care subject sector, have up-to-date technical and occupational competence in basic horse care e.g. working directly with horses and is deemed more occupationally competent than the qualification being delivered

Assessor(s):

For this qualification, the minimum requirements stated in the centre handbook do not apply. The assessor must have experience of assessing, have up-to-date technical and occupational competence in basic horse care e.g. working directly with horses and is deemed more occupationally competent than the qualification being assessed

Internal Verifier(s) and Quality Assurer(s):

For this qualification, the minimum requirements stated in the centre handbook do apply. The IQA must be qualified or working towards a recognised IQA qualification. In addition, the IQA must have up-to-date technical and occupational competence in basic horse care e.g. working directly with horses and is deemed more occupationally competent than the qualification being internally quality assured

Additional Qualification Requirements

Learners can complete this qualification working with horses and/or ponies.

This qualification is regulated by XXXXX

UK Coaching
2 City Walk
Leeds
LS11 9AR

T: 0113 274 4802
E: centreservices@1st4sportqualifications.com

www.1st4sport.com